

STOCKPORT COUNTY FC

PREMIER LEAGUE PRIMARY STARS PROGRAMME

History of the Premier League Primary Stars

The Premier League Primary Stars (PLPS) Programme launched in autumn 2016 with a vision to 'use the inspiration of the Premier League and Professional Football Clubs to help all Children in England and Wales to learn, be active and develop important life skills'.

Introduction of the Primary League Stars

Stockport County Community Foundation is proud to be delivering the Premier League Primary Stars Programme funded by The National League Trust and the Premier League.

The programme is designed to engage and inspire boys and girls aged 5 – 11 years old and use the Premier League and Stockport County FC to encourage children to learn, and be more active as well as embedding the PLPS values delivered by our team of coaches.

All children taking part in the Premier League Primary Stars programme work towards the following Premier League values:

- Be Ambitious
- Be Connected
- Be Fair
- Be Inspiring

These values have enabled the children to feel more engaged with each lesson and promote to make a positive difference for all.

STOCKPORT COUNTY COMMUNITY FOUNDATION PREMIER LEAGUE PRIMARY STARS 2018/19

Stockport County Community Foundation worked with 14 teachers to enhance and increase confidence in PE Delivery during the 2018-19 academic year.

- ▶ 265 boys and girls engage with Premier League Star activities throughout 2018-19 academic year.
- ▶ Afterschool sessions delivered to 70 girls throughout 2018-19.
- ▶ 14 primary schools - 112 girls entered in our Under 11s girl's football festival.
- ▶ Throughout the PLPS programme 20 talented children have been signposted to continue development through Stockport County Colts

SCFC Community Foundation

Premier League Primary Stars Package

- ▶ Supporting the teacher - 1 hour of CPD at your school to support and enhance teacher's knowledge during PE delivery.
- ▶ Intervention session to improve children's health, wellbeing, and social skills whilst working with positive role models.
- ▶ PLPS under 11s Girls football festival
- ▶ Access to PLPS free digital resource – www.plprimarystars.com
- ▶ SEND engagement Sessions - working with teacher and children's to support classes' mental wellbeing and improve confidence and self esteem.
- ▶ PLPS Collapsed Curriculum day – A structured active educational PE lesson delivered by each primary school teacher engaged with the PLPS programme.
- ▶ Educational Workshop – PLPS themed activities raising awareness of the importance of plastic pollution and the effect it has on the local community.
- ▶ School Sports Day – delivering a wide variety of different sports to the whole school. This is a fantastic way for everyone in the school to feel engaged in taking part in their school sports day in a fun and friendly environment.
- ▶ The FA Primary Teachers Award – is designed for any practising or aspiring Primary School teachers and it has been hugely successful in developing teachers' confidence to deliver high quality PE.

Supporting the Teacher

As part of the Premier League Primary Stars programme, we aim to extend its education to primary school teachers as well as pupils through the delivery of the PE curriculum focusing on child development. We will focus on mentoring and supporting primary school teachers so they develop confidence, knowledge and skills to be able to deliver high quality PE and school sport in their school, ensuring the children are given the best support possible for their future.

We provide each teacher with a set timetable to help support their PE delivery.

- Pre Meeting:** To discuss the areas of development for teacher
- Session 1:** Coach delivers the session – Teacher to observe
- Session 2:** Coach delivers the session – Teacher to observe
- Session 3:** Coach supports the session – Teacher to deliver warm up.
- Session 4:** Coach supports the session – Teacher to deliver the main activity.
- Session 5:** Coach observes the session – Teacher to deliver full session.
- Session 6:** Coach & Teacher to plan a session together.

Post Questionnaire & Interview: How the 6 week programme has improved and developed teachers PE delivery to their class.

STRATEGIES TO SUPPORT TEACHERS IN PE DELIVERY

How have our Community Foundation Coaches supported teacher confidence in PE delivery?

- ▶ Weekly sessions plans
- ▶ Teacher observes and shadow Stockport County Community Foundation coaches when delivering the sessions.
- ▶ Weekly feedback from coach
- ▶ Formative assessments
- ▶ Summative assessments
- ▶ Assessment for learning
- ▶ Video sessions of teacher delivery to show and review session.
- ▶ Attend a mass participation event delivered on the pitch at Edgeley Park, each teacher delivered four PE sessions to three different schools. This will give each teacher the opportunity to work with other children along with observing other teachers PE session also taking part in PLPS Programme as well as discussing their experiences on PE delivery with SCFC Community Foundation.

If you or your Primary School are interested in joining our PLPS activity or would like further information about this fantastic programme please contact Matthew Bailey on 0161-286-8888 (option 3) or email matthew.bailey@stockportcounty.com



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Premier League
Primary Stars

